

# Emerald Ridge Jag Wrestling

www.jagwrestling.com

## Junior Varsity Round-Robin Tournament Saturday, December 2, 2006

**Tentative Teams Competing:** Chief Leschi, Emerald Ridge, Franklin Pierce, Orting, Puyallup, Rogers, Sumner, Tahoma.

**Entry Fee:** \$7.00 per wrestler.

**Weigh-in** will begin at 7:30 am. **This is only 1-1/2 hours prior to the start of wrestling.** We didn't feel the need to have athletes sitting around for 2 hours after weigh-in. Please be here by **7:20 am** to start weigh-in at 7:30, which will be completed following the 285 pound weight class. Weigh-in for the Boys will take place in the Upper Gym.

**Wrestling Starts** at 9:00 am or as close to it as possible depending on the brackets.

**Coaches Meeting:** We hope to have a coaches meeting at 8:30 am. This will depend on how fast we can create groupings.

**Round-Robin format:** We will group athletes by weight and hopefully skill level where appropriate. Wrestlers from the same school will be separated whenever possible.

**Match Times:** Rounds will be 1-1/2 minutes long for each match.

**Concessions** will be available all day.

**Lockers and Showers** are available, athletes must bring their own locks, towels and soap.

**Coaches Room** – yes. I have my parents working on taking care of us. You will be able to visit during your byes.

**Admission:** Tickets will be sold for this event. \$5.00 for adults, \$4.00 for high school/junior high with ASB, and \$3.00 for seniors and children under 12. Tickets are good for the entire day.

**Contact Information:** Feel free to leave a message. E-mail preferred.

Home Phone: 253-445-4196

School Room Phone: 253-435-6373

e-mail: [coach@jagwrestling.com](mailto:coach@jagwrestling.com)

**Please send me an e-mail or call with your phone number and e-mail if possible if I need to contact you.**

Jim Meyerhoff – ERHS Head Wrestling Coach

Craig Fredrikson – ERHS Assistant Wrestling Coach

## Directions to Emerald Ridge High School

From Interstate 5, take the 512 freeway exit toward Puyallup to the first South Hill exit (Costco on right)

Turn right at the exit onto 94<sup>th</sup> (the mall will be on your left)

Follow 94<sup>th</sup> past Rogers HS (@ 128<sup>th</sup>) to the stop sign at 152<sup>nd</sup> street

Turn left onto 152<sup>nd</sup>

Cross over Meridian (light) and follow 152<sup>nd</sup> to the end of the road (1-1/2 miles)

Turn right on 122<sup>nd</sup>

Follow 122<sup>nd</sup> about 2 miles to a stop light at Sunrise/176<sup>th</sup>. You should see the sign to the school on right

Go through the light on 122<sup>nd</sup>

Turn left at the bottom of the hill onto 184<sup>th</sup>

Emerald Ridge is on the left side of the road. Take the first entry to the gymnasium